

The 1st Week to Family Emergency Preparedness

Get a portable container with a lid to use as an emergency kit. A plastic storage bin or garbage can works well, particularly one with wheels. Choose an accessible location for the container near an exit, and label the container. Make sure all family members know what it will be used for and where it is.



Stock your kit with a three-day supply of water, and don't forget to include water for your pets. You need four litres of water per person per day - two for drinking and two for food preparation and hygiene.



Stock your kit with several varieties of canned meat, vegetables and dried fruit.



Include a manual can opener

